

Am Tethalli (Darine Hadchiti)

Introduction

- *Start facing front*
 - Shimmy
 - Step together step to R, to L, to R [Really relaxed placed arms]
 - Facing R diag, wriggley circles x4 [Bring arms up and down], shoulder roll [placed arms]
 - Wriggley circles onto L diag x4, step back on L foot w. stomach pull [L hand to stomach]
 - *Slide R foot in to prepare and bring L hand head*
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Chorus

- Hip drop x4 on R, facing L diag, forward and place onto R diag, hop [back hand to head]
 - Repeat to L, Repeat to R, Repeat to L without hop (*add foot flick on last two repeats if possible*)
 - Flat circle to R [hugging self], repeat [circling arms]
 - Step back on R foot w. stomach pull, shoulder roll
 - Hip drop x4 on L, facing R diag, forward and place onto R diag, hop [back hand to head]
 - Repeat R without hop
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Instrumental

- Step together step together, turn over 3 to R [use arms in turn]
 - Repeat L, R, Repeat L but with flat circle to R instead of turn.
 - Step together step together, turn over 3 to R [use arms in turn]
 - Repeat L, R, Repeat L but with flat circle to R instead of turn.
 - Shoulder roll
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Verse

- Quick, quick, slow figures 8 starting to R x5 [hands to head]
 - Bring hands down from head and shoulder shimmy
 - Hands back on head and Quick, quick, slow figures 8 starting to R x5
 - Bring hands down from head and shoulder shimmy
 - Flat circle to R
 - Chest heave [arms up and down]

 - Slinky walk forward x2, quick step back x4 with shoulder shimmy, repeat
 - Taq R, L, wriggley circle,
 - Shoulder roll, wriggley circle
 - Taqs with drum beats (dum taq dum dum taq)
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Instrumental

- Step together step together, turn over 3 to R [use arms in turn]
 - Repeat L, R, Repeat L but with flat circle to R instead of turn.
 - Step together step together, turn over 3 to R [use arms in turn]
 - Repeat L, R, Repeat L but with flat circle to R instead of turn.
 - Shoulder shimmy with knee bend
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Verse

- Quick, quick, slow vertical figures 8 starting to R x5 [hands to head]
- Bring hands down from head and shoulder shimmy
- Hands back on head and Quick, quick, slow vertical figures 8 starting to R x5

- Bring hands down from head and shoulder shimmy
 - Flat circle to R
 - Chest heave [arms up and down]

 - Slinky walk to L diag x2, quick step back x4 with shoulder shimmy, repeat to R diag
 - Taq R, L, wriggley circle,
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Chorus

- Hip drop x4 on L, facing R diag, forward and place onto R diag, hop [back hand to head]
(add foot flick on last two repeats if possible)
 - Repeat R without hop
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Finale

- Wriggley circles x4, shoulder roll
 - Wriggley circles x4, shoulder roll
 - Shoulder shimmy, hip shimmy, shoulder shimmy, pose
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